

MDRA 2012 Grand Prix Application

How the Grand Prix works:

1. Grand Prix is open to MDRA members only. Non-members interested in participating may purchase a 1 yr MDRA membership along with their MDRA Grand Prix Application. Cost is \$5 for the entire series. Non-members should include an additional \$25 for their 1 yr membership in MDRA. The Grand Prix application fee of \$5 is above and beyond the the race entry fees.
2. Scoring will include only GP registrants who are registered finishers of a GP race. No retroactive registration; runners registering after Human Race, for example, will not be counted in Human Race's GP results even if they ran it.
3. Runners score according to their finish place out of all GP registered finishers in each race. The first GP runner in each race will score 1000 points. All others will score based upon the percentile in which the runners finish such that the middle finisher will always score 500 points. Points are awarded without regard to age or sex. In scoring races we use USATF rules (gun time -not chip time).
4. There are 14 GP races. A runner may compete in as few or as many of the races as they choose; however, results from only 10 races will count. If a runner runs more than 10 races, only their 10 highest scores will count. Anyone running in 10 or fewer races will have all of their scores included.
5. Scores are tallied within age division for each sex. Runners do not change age divisions during the year. A runner's division is set according to his division on the day of his first GP score. For example, a runner turning 50 on April 1 would be scored all year in the 45-49 bracket if she runs Human Race as a GP registrant, but would score all year in the 50-54 bracket if her first GP score is after April 1.
6. Age groups for both males and females are 0-34, 35-39, 40-44 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85+. In order for an age group to exist, it must have at least two participants, and each participant must complete 2 races. In order for any individual to win an age group, they must run in at least 2 races.
7. There will be awards for each age group winner, which will be presented at the MDRA annual party held in January 2013. A special award will go to anyone who participates in all 14 races. Anyone participating in at least 10 of the races will also get a nice gift.

2012 Grand Prix Races:

January 9 • Meet o Miles (Indoor Track)
January 28 • Securian Winter Run - Half Marathon
March 18 • St. Patrick's Day Human Race 8K
April 28 • Get in Gear 10K
May 12 • New Prague Half Marathon
May 28 • Brian Kraft 5K
June 16 • Grandma's Marathon

July 26 • Richard A Hoska Rice Street Mile
July 28 • Hagen Financial Run for Blood 5K
TBD • Rochester Half Marathon
September 3 • Victory 10K
September 9 • City of Lakes 25K
October 7 • Medtronic Twin Cities Marathon
November 4 • Rocky's Run 6K (Cross Country)

2012 MDRA Grand Prix Application

Mail completed application with check payable to MDRA to: Hal Gensler, 45258 N 16th St, New River, AZ 85087

Current Member: \$5 New Member: \$30

Name: _____

Address: _____

City, State, Zipcode: _____

Phone: _____ M or F ____ Age: _____ Birthdate: _____

Email: _____