



## MDRA 15K

Edina

Aug. 14, 2011

Sunny, calm, 70s  
Results by Apple Raceberry JaM

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

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PLACE	CLASS PLACE	FINISHER	TIME	PACE
STATE RECORD FOR 23-YEAR-OLD MEN				
1	1 M20	Dan Greeno, 23, Roseville, MN	46:55	5:02
		Old record 51:05 by Chris Lundberg, 13 Aug 2006		
2	2 M20	Joshua Lablanc, 23, Int'l Falls, MN	48:10	5:10
3	1 M30	Jeremy Polson, 33, Duluth, MN	49:36	5:19
STATE RECORD FOR 36-YEAR-OLD MEN				
4	2 M30	Josh Metcalf, 36, Glencoe, MN	49:38	5:19
		Old record 50:22 by Bill Field, 4 Jul 1998		
5	3 M20	Ben Kampf, 24, Minneapolis, MN	49:52	5:21
6	4 M20	Brandon Gleason, 25, Minneapolis, MN	50:15	5:23
7	5 M20	Timothy Branigan, 23, Roseville, MN	50:59	5:28
8	6 M20	Michael Bialick, 29, Minnetonka, MN	51:06	5:29
9	7 M20	Jeff Metzdorff, 28, St. Paul, MN	51:27	5:31
10	8 M20	Aaron Beaber, 28, Minneapolis, MN	51:31	5:32
11	9 M20	Matt Wegmann, 25, Saint Paul, MN	51:41	5:33
12	1 M40	Kelly Mortenson, 40, St Paul, MN	51:53	5:34
STATE RECORD FOR 49-YEAR-OLD MEN				
13	2 M40	Patrick Billig, 49, Roseville, MN	52:10	5:36
		Old record 53:15 by Bruce Mortenson, 19 Sep 1993		
14	3 M40	Matthew Reinders, 43, Bloomington, MN	53:01	5:41
15	10 M20	Evgeny Beletskiy, 25, Minneapolis, MN	53:04	5:42
16	11 M20	John Leaf, 24, Minneapolis, MN	53:13	5:42
17	4 M40	Thomas Tisell, 44, St Paul, MN	53:52	5:47
18	5 M40	John Vandanacker, 48, Rockford, MN	53:53	5:47
19	12 M20	Kyle Donovan, 25, Burnsville, MN	53:57	5:47
STATE RECORD FOR 53-YEAR-OLD MEN				
20	1 M50	Doug Keller, 53, Plymouth, MN	54:13	5:49
		Old record 54:51 by Dan Morse, 13 Aug 2006		

## STATE RECORD FOR 28-YEAR-OLD WOMEN

1	1	W20	Kim Robinson, 28*, Bloomington, MN	54:47	5:53
			Old record 58:54 by Serena Sullivan, Aug. 9, 2009		
21	3	M30	Andrew Sherman, 32, Minneapolis, MN	54:49	5:53
22	13	M20	Timothy Wucherer, 23, Hudson, WI	54:52	5:53
23	14	M20	Jason Quarford, 26, Rosemount, MN	55:29	5:57

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24	2	M50	Bill Magdalene, 52, Minneapolis, MN	55:52	6:00
25	4	M30	Joe Papin, 31, St. Paul, MN	56:20	6:03
26	6	M40	Peter Kessler, 49, New Hope, MN	56:30	6:04
27	3	M50	Bobby Paxton, 54, Minneapolis, MN	56:31	6:04
28	15	M20	Thomas Church, 29, Minneapolis, MN	56:36	6:04
29	7	M40	Daniel Strike, 41, Roseville, MN	56:51	6:06

## STATE RECORD FOR 29-YEAR-OLD WOMEN

2	2	W20	Lisa Dyer, 29*, Moorhead, MN	56:56	6:06
			Old record 1:00:03 by Yarrow Pasche, 12 Aug 2007		
30	8	M40	Hyun Yoon, 46, Vadnais Heights, MN	56:59	6:07
31	4	M50	Brent Smith, 55, Esko, MN	57:23	6:09
32	16	M20	Christopher Coffey, 28, Minneapolis, MN	57:31	6:10
33	9	M40	Darrin Diedrich, 46, Bloomington, MN	57:34	6:11
34	5	M30	Peder Nestingen, 36, Minneapolis, MN	57:45	6:12
35	5	M50	Perry Bach, 54, Lakeville, MN	57:46	6:12
36	6	M50	Dan Morse, 58, Minneapolis, MN	57:52	6:12
3	3	W20	Nichole Porath, 28*, Northfield, MN	57:54	6:13
37	10	M40	Marc Nosal, 45, Eden Prairie, MN	57:57	6:13
38	11	M40	Jon Anderson, 47, Eden Prairie, MN	58:12	6:15
39	17	M20	Daniel Church, 28, Saint Paul, MN	58:14	6:15
4	4	W20	Thea Fleming, 28*, Minneapolis, MN	58:15	6:15
40	7	M50	Bill Krezonoski, 57, Thunder Bay, MN	58:35	6:17

## STATE RECORD FOR 26-YEAR-OLD WOMEN

5	5	W20	Margaret Landberg, 26*, St. Paul, MN	58:37	6:17
			Old record 59:22 by Jennifer Hess, Aug. 9, 2009		
41	12	M40	David Tompkins, 40, Minneapolis, MN	58:38	6:17
42	8	M50	Kirt Goetzke, 50, Plymouth, MN	58:49	6:19
43	13	M40	Kevin Pilarski, 45, Oakdale, MN	59:42	6:24
6	1	W40	Amy Halseth, 41*, Minneapolis, MN	59:54	6:26
44	9	M50	Kraig Lungstrom, 53, Plymouth, MN	1:00:07	6:27
45	10	M50	Todd Sperling, 51, Minnetonka, MN	1:00:09	6:27
46	6	M30	Matt Binsfeld, 35, Holdingford, MN	1:00:20	6:28
47	14	M40	Jim Clark, 43, Rockford, MN	1:00:23	6:29
7	1	W30	Erin Ward, 36*, St. Paul, MN	1:00:28	6:29
8	2	W40	Lori Buratto, 41*, Spokane Valley, WA	1:00:43	6:31
48	18	M20	Omar Palacios, 28, Burnsville, MN	1:00:54	6:32
49	15	M40	Raymond Mitchell, 47, St. Paul, MN	1:00:58	6:32
9	3	W40	Sonya Decker, 45*, Minneapolis, MN	1:01:04	6:33
50	7	M30	Mica Grafenstein-Kinzel, 38, Minneapolis, MN	1:01:07	6:33
51	16	M40	Mark Brose, 43, Minneapolis, MN	1:01:13	6:34
10	4	W40	Willie Tibbetts, 40*, Eagan, MN	1:01:20	6:35
52	1	M60	Denny Jordan, 60, St. Paul, MN	1:01:53	6:38
53	11	M50	Mark Myers, 52, Lake Elmo, MN	1:01:58	6:39
54	8	M30	Michael Younes, 31, St Louis Park, MN	1:02:12	6:40
55	12	M50	Mike Setter, 55, Minneapolis, MN	1:02:13	6:40
11	6	W20	Madeline Harms, 25*, Minneapolis, MN	1:02:17	6:41
56	9	M30	Matt Gehring, 30, Minneapolis, MN	1:02:26	6:42
12	5	W40	Wanda Gau, 49*, Little Falls, MN	1:02:29	6:42
13	2	W30	Jessica Pink, 32*, Ramsey, MN	1:03:06	6:46
57	2	M60	Paul LaMere, 64, Minneapolis, MN	1:03:10	6:47
14	7	W20	Jillian Tholen, 23*, Falcon Heights, MN	1:03:11	6:47
58	13	M50	Dale Heinen, 55, Shoreview, MN	1:03:28	6:49
59	3	M60	Rick Hlebain, 60, Sartell, MN	1:03:54	6:51
60	10	M30	Michael Nawrocki, 39, Minneapolis, MN	1:03:58	6:52
15	3	W30	Jenny Wilcox, 36*, Cottage Grove, MN	1:04:25	6:55
61	14	M50	Jack Ankrum, 59, Vadnais Heights, MN	1:04:30	6:55
62	15	M50	Bill Atkins, 50, Afton, MN	1:04:42	6:56
63	16	M50	George Fulp, 50, Saint Louis Park, MN	1:05:02	6:59

64 17 M50 Mark Klaverkamp, 53, Clearwater, MN 1:05:07 6:59

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65	18	M50	Rick Strand, 57, Brooklyn Park, MN	1:05:18	7:00
16	6	W40	Robin Balder-Lanoue, 42*, Monticello, MN	1:05:39	7:03
17	7	W40	Sharon Stubler, 46*, Minnetonka, MN	1:05:49	7:04
18	8	W40	Sue Abrahamson, 48*, Wayzata, MN	1:06:11	7:06
19	9	W40	Kelly Keeler Ramacier, 49*, White Bear Lake, MN	1:06:23	7:07
20	8	W20	Rebekah Metzdorff, 26*, St. Paul, MN	1:06:33	7:08
66	19	M50	Brian Helm, 52, Arden Hills, MN	1:06:48	7:10
67	4	M60	Jared Mondry, 69, Minneapolis, MN	1:07:08	7:12
21	9	W20	Nellie Adams, 23*, Minneapolis, MN	1:07:25	7:14
22	1	W50	Julie Virkus, 58*, St. Louis Park, MN	1:07:30	7:14
68	20	M50	Mark LeDuc, 56, Coon Rapids, MN	1:07:46	7:16
69	17	M40	David Martin, 41, Blaine, MN	1:07:50	7:17
23	4	W30	Jody Zeleznikar, 38*, Esko, MN	1:08:09	7:19
24	10	W40	Joelle Nelson, 43*, Minneapolis, MN	1:08:24	7:20
25	10	W20	Laura O'Brien, 25*, Hopkins, MN	1:08:27	7:21
70	1	JrM	Erik Linnell, 18, La Crosse, WI	1:08:33	7:21
26	11	W40	Eileen Moran, 46*, Minneapolis, MN	1:08:36	7:22
27	12	W40	Lisa Hines, 48*, Waite Park, MN	1:08:52	7:23
71	18	M40	Mark Kuhn, 41, Robbinsdale, MN	1:08:56	7:24
72	19	M40	Joseph Thom, 45, Minneapolis, MN	1:09:42	7:29
28	13	W40	Laurie Hanscom, 48*, Eden Prairie, MN	1:09:45	7:29
73	21	M50	Michael Dahnert, 57, Edina, MN	1:09:50	7:29
29	2	W50	Andriette Wickstrom, 56*, Storm Lake, IA	1:09:54	7:30
74	5	M60	Winston Gordon, 67, Maple Grove, MN	1:10:00	7:31
30	3	W50	Patricia Langum, 50*, Maple Grove, MN	1:10:14	7:32
75	20	M40	Ted Hewes, 49, St. Paul, MN	1:10:25	7:33
31	14	W40	Amy Clark, 47*, Edina, MN	1:10:35	7:34
76	21	M40	Marty Humphrey, 47, Apple Valley, MN	1:10:47	7:36
32	4	W50	Kelly Rogers, 52*, Esko, MN	1:10:58	7:37
33	15	W40	Deb Humphrey, 46*, Apple Valley, MN	1:11:05	7:38
77	22	M50	Ward Lenius, 52, St Paul, MN	1:11:14	7:39
78	23	M50	Stephen Robertson, 50, St. Paul, MN	1:11:23	7:39
79	24	M50	Jim Fethers, 57, Plymouth, MN	1:11:54	7:43
34	11	W20	Emily Therneau, 27*, Minneapoplis, MN	1:11:56	7:43
80	19	M20	Andy Bjorklund, 28, Cottage Grove, MN	1:12:03	7:44
35	12	W20	Cicely Miltich, 25*, Saint Paul, MN	1:12:31	7:47
81	22	M40	Bob Gustafson, 42, Hermantown, MN	1:12:43	7:48
82	6	M60	Paul Ford, 68, St Cloud, MN	1:13:24	7:52
83	1	M70	Thom Weddle, 72, Minneapolis, MN	1:13:27	7:53
84	2	JrM	Joey Ferguson, 14, Chanhassen, MN	1:13:32	7:53
36	13	W20	Hilary Young, 25*, Minneapolis, MN	1:13:37	7:54
85	11	M30	Brendan Dolan, 31, Minneapolis, MN	1:13:38	7:54
86	25	M50	Richard Malecek, 58, Elk River, MN	1:13:43	7:54
87	7	M60	Stu Clem, 67, Pine City, MN	1:13:48	7:55
37	16	W40	Rachelle Barfknecht, 40*, Watertown, MN	1:14:02	7:56

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88	8	M60	Steve Maupin, 60, St Louis Park, MN	1:14:33	8:00
38	5	W50	Nancy Marquette, 53*, Owatonna, MN	1:14:38	8:00
39	5	W30	Lori Ann Peterson, 38*, Burnsville, MN	1:14:45	8:01
89	9	M60	Norm Purrington, 68, Lake Elmo, MN	1:14:46	8:01
40	17	W40	Gina Rockstad, 42*, Cloquet, MN	1:14:50	8:02
41	6	W30	Maria Schilling, 38*, Minneapolis, MN	1:14:57	8:02
42	14	W20	Ashley Schulzetenberg, 28*, St. Louis Park, MN	1:15:10	8:04
43	6	W50	Susan Haines, 51*, Minneapolis, MN	1:16:18	8:11
44	15	W20	Gemma Miltich, 21*, Saint Paul, MN	1:16:22	8:12
90	10	M60	Gustave Virkus, 61, St. Louis Park, MN	1:16:48	8:14
45	16	W20	Sara McKinley, 24*, St. Louis Park, MN	1:17:12	8:17

STATE RECORD FOR 64-YEAR-OLD WOMEN

46 1 W60 Gloria Jansen, 64\*, White Bear Lake, MN 1:17:29 8:19

Old record 1:18:30 by Carolyn Sankey, 17 Sep 1995

91	2	M70	Darrell Christensen, 74, Bloomington, MN	1:17:33	8:19
92	26	M50	Greg Williamson, 55, Eden Prairie, MN	1:17:35	8:19
47	7	W50	Carla Lavere, 51*, Minnetonka, MN	1:17:45	8:20
48	7	W30	Kris Kuhn, 30*, Robbinsdale, MN	1:17:57	8:22
93	27	M50	Robert York, 56, Edina, MN	1:18:30	8:25
94	3	M70	Harvey Johnson, 70, North Branch, MN	1:18:31	8:25
49	8	W50	Anita Baugh, 53*, Sartell, MN	1:19:13	8:30
50	18	W40	Gina Murphy, 46*, Shakopee, MN	1:19:27	8:31
51	19	W40	Nadine Meyer, 45*, Edina, MN	1:19:37	8:32
52	8	W30	Sara Justice, 33*, Bemidji, MN	1:20:04	8:35
53	17	W20	Kendra Elm, 22*, Plymouth, MN	1:21:35	8:45
95	20	M20	Thomas O'Brien, 23, Minneapolis, MN	1:22:05	8:48
96	3	JrM	Sam Bradley, 15, Eden Prairie, MN	1:22:20	8:50
54	9	W50	Constance O'Brien, 50*, Shoreview, MN	1:23:24	8:57

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STATE RECORD FOR 69-YEAR-OLD WOMEN

55	2	W60	Marilyn Schnobrich, 69*, Duluth, MN	1:24:00	9:01
			Old record 1:24:12 by Sandra Dalquist, May 1, 2010		
56	20	W40	Colene Erickson, 43*, Woodbury, MN	1:24:39	9:05
57	18	W20	Kathleen Sprague, 20*, Minneapolis, MN	1:24:56	9:07
58	19	W20	Jill Kraemer, 20*, St. Louis Park, MN	1:24:58	9:07
59	21	W40	Tamara Castasnas, 46*, Carver, MN	1:25:00	9:07
60	22	W40	Rachael Theising, 40*, New Hope, MN	1:25:01	9:07
61	20	W20	Lauren Mathie, 29*, Eden Prairie, WI	1:25:06	9:08
62	3	W60	Rosemary Harnly, 64*, Red Wing, MN	1:26:09	9:14
63	4	W60	Mary Croft, 65*, Bayport, MN	1:26:10	9:15
64	1	W70	Sandra Dalquist, 70*, Rochester, MN	1:26:24	9:16
65	9	W30	Nicole Lynch, 38*, Blaine, MN	1:26:34	9:17
97	11	M60	Vincent Rohr, 67, Minnetonka, MN	1:26:42	9:18
98	4	M70	Alan Phillips, 77, St. Cloud, MN	1:26:44	9:18
66	10	W30	Kristin Nord, 31*, Buffalo, MN	1:26:56	9:20
67	21	W20	Amanda Symes, 25*, Burnsville, MN	1:28:13	9:28
68	22	W20	Meghan Lardy, 20*, Edina, MN	1:28:38	9:30
69	23	W20	Melanie Kudrle, 25*, Bloomington, MN	1:28:50	9:32
99	12	M30	Dana Hallal, 30, Bloomington, MN	1:28:50	9:32
100	21	M20	Ze Zhao, 22, St Paul, MN	1:29:19	9:35
101	4	JrM	Blake Olson, 16, Edina, MN	1:29:36	9:37
70	1	JrW	Kayla Ferguson, 19*, Chanhassen, MN	1:29:56	9:39
102	28	M50	Tony Ferguson, 50, Chanhassen, MN	1:29:57	9:39
103	5	M70	Richard R Burch, 76, St Michael, MN	1:31:02	9:46
71	10	W50	Wendy Linnell, 53*, La Crosse, WI	1:31:03	9:46
72	11	W30	Jen Duncan, 32*, Minneapolis, MN	1:31:06	9:46
104	12	M60	Robert Schaffer, 68, Maple Grove, MN	1:31:32	9:49
105	13	M60	Gary Berquist, 65, Burnsville, MN	1:31:46	9:51
106	23	M40	Frank Titchener, 49, Watertown, MN	1:32:34	9:56
107	6	M70	Greg Prom, 80, St Anthony, MN	1:32:46	9:57

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73	12	W30	Kristen Kinnear-Ohlmann, 35*, Bloomington, MN	1:33:29	10:02
74	2	W70	Judy Cronen, 70*, Lakeville, MN	1:33:33	10:02
108	24	M40	Randall Bradley, 46, Eden Prairie, MN	1:33:47	10:04
75	24	W20	Rachel Javitch, 27*, St. Louis Park, MN	1:34:12	10:06
109	14	M60	Paul Odlaug, 65, Maplewood, MN	1:34:20	10:07
76	11	W50	Janice Schulz, 51*, River Falls, WI	1:34:27	10:08
77	13	W30	Melissa Hoag, 33*, St. Louis Park, MN	1:34:36	10:09
110	29	M50	Jim Meredig, 53, Eagan, MN	1:35:27	10:14
78	5	W60	Kathryn Benhardus, 64*, Minnetonka, MN	1:36:03	10:18
79	14	W30	Kate Perry, 36*, Rockford, MN	1:36:33	10:21
80	15	W30	Melissa Dawson, 36*, Bloomington, MN	1:36:43	10:23
81	25	W20	Emily Nitz, 26*, Minneapolis, MN	1:37:11	10:26
82	12	W50	Sally Rubenstein, 55*, Minneapolis, MN	1:37:19	10:26
83	23	W40	Laurie Olson, 48*, Edina, MN	1:37:19	10:26
84	26	W20	Jessica Solberg, 25*, Eden Prairie, MN	1:38:41	10:35

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85	13	W50	Susan Midthun, 59*, Bloomington, MN	1:43:32	11:06
86	27	W20	Samantha Walder, 28*, Haytl, SD	1:48:44	11:40
87	2	JrW	Jessica Miller, 19*, Plymouth, MN	1:49:39	11:46
111	30	M50	Timothy Sandry, 55, Bloomington, MN	1:50:45	11:53
112			#674	1:50:51	11:53
113	7	M70	Ralph Wilson, 77, Minneapolis, MN	1:51:41	11:59

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114	22	M20	Jamie Klemenhausen, 29, Bloomington, MN	1:54:17	12:16
88	3	JrW	Heather Burt, 14*, Coon Rapids, MN	1:58:40	12:44

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115	8	M70	John Adams, 74, West St. Paul, MN	2:03:38	13:16
116	25	M40	Todd Pook, 45	2:08:05	13:44

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89	6	W60	Sandra Bolich, 64*, Mound, MN	2:14:06	14:23
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90	28	W20	Jennifer Kannegieter, 28*, Monticello, MN	2:32:46	16:23
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\* indicates females  
1 finishers among Males (no age given)  
4 finishers among Men Under 20  
22 finishers among Men 20 - 29  
12 finishers among Men 30 - 39  
25 finishers among Men 40 - 49  
30 finishers among Men 50 - 59  
14 finishers among Men 60 - 69  
8 finishers among Men 70 & Up  
3 finishers among Women Under 20  
28 finishers among Women 20 - 29  
15 finishers among Women 30 - 39  
23 finishers among Women 40 - 49  
13 finishers among Women 50 - 59  
6 finishers among Women 60 - 69  
2 finishers among Women 70 & Up  
116 male finishers  
90 female finishers  
206 total finishers

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