

MDRA 7 Mile

Hopkins

March 28, 2009

Results by Heidi Keller-Miler

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	1 OpM	Adam Lindahl, 27	40:45	5:49
2	2 OpM	Tony Kocanda, 36	41:23	5:55

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3	3 OpM	Joe Ziegenfuss, 34	42:01	6:00
4	4 OpM	Brian Davenport, 34	42:15	6:02
5	5 OpM	Chris Simpson, 24	42:34	6:05
6	1 M40	Jim Ramacier, 45	43:30	6:13
7	6 OpM	Christopher DeNucci, 29	43:48	6:15
8	2 M40	Rob Economy, 45	43:49	6:16
9	3 M40	Randy Peterson, 43	44:03	6:18
10	4 M40	Kraig Lundgstrom, 51	44:19	6:20
11	7 OpM	Jay Nelson, 39	44:36	6:22
12	5 M40	Paul Devine, 43	44:50	6:24
13	8 OpM	Brian Soller, 37	45:02	6:26
14	9 OpM	David Hartman, 37	45:08	6:27
15	6 M40	Kirt Goetzke, 48	45:32	6:30
16	7 M40	John MacBean, 40	46:33	6:39
17	8 M40	Paul Holovnia, 47	46:57	6:42
18	9 M40	John Higgins, 49	47:10	6:44
19	10 OpM	Shawn Scherr, 33	47:13	6:45
20	10 M40	Michael Seaton, 44	47:20	6:46
21	11 M40	Denny Jordan, 57	47:45	6:49
22	12 M40	William Hidding, 60	47:49	6:50
23	11 OpM	Chris Olson, 36	47:59	6:51
1	1 W40	Kelly Ramacier, 47*	48:35	6:56
24	13 M40	Michael Rassier, 57	48:43	6:58
25	14 M40	Mark LeDuc, 54	48:47	6:58

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26	12 OpM	Todd Phelps, 39	49:05	7:01
27	15 M40	Steve Maupin, 58	49:21	7:03
28	16 M40	Tim O'Brien, 53	49:24	7:03
29	13 OpM	Michael Steilen, 36	49:35	7:05
30	17 M40	Robert Fan, 44	50:11	7:10
31	14 OpM	Michael Cooper, 39	50:12	7:10
32	18 M40	Mark Hollen, 40	50:17	7:11

33	19	M40	Paul Bulger, 47	50:19	7:11
2	1	OpW	Bridget MacBean, 35*	50:25	7:12
34	15	OpM	Doug Bertossi, 37	50:30	7:13
35	20	M40	Pat Eastman, 47	50:34	7:13
36	21	M40	Ross McLean, 48	50:40	7:14
37	22	M40	Ron Byland, 51	50:41	7:14
38	23	M40	Ted Hewes, 46	51:02	7:17
3	2	OpW	Tracie Kent, 35*	51:04	7:18
39	24	M40	Scott Ranscom, 48	51:32	7:22
4	2	W40	Kristi Larson, 50*	52:08	7:27
40	25	M40	Bill Reinfeld, 55	52:15	7:28
41	26	M40	Paul Rozycki, 53	52:34	7:31
42	27	M40	Duane Kroger, 44	52:55	7:34
43	28	M40	John Brown, 65	53:00	7:34
44	29	M40	John Arnett, 57	53:36	7:39
5	3	OpW	Jennifer Johnson, 26*	53:44	7:41
45	30	M40	Jon Erstad, 45	54:05	7:44
46	31	M40	Steve Felton, 57	54:09	7:44
6	4	OpW	Lisa Rensenbrink, 36*	54:12	7:45
47	32	M40	John Dolan, 43	54:24	7:46
48	33	M40	Tony Boe, 56	54:57	7:51
49	34	M40	Bill Grassl, 53	54:59	7:51
7	3	W40	Lee Eastman, 47*	55:20	7:54
50	35	M40	Tom Kamp, 48	55:29	7:56

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51	16	OpM	Patrick Deignan, 27	56:18	8:03
52	36	M40	Jim Hewitt, 61	56:23	8:03
53	37	M40	Hank Larsen, 68	56:37	8:05
54	38	M40	David Smith, 56	56:41	8:06
55	39	M40	Louis Ahlstrand, 55	56:48	8:07
56	40	M40	John Borgfelt, 56	57:04	8:09
57	17	OpM	Chris Halloran, 36	57:08	8:10
58	41	M40	Eric Anderson, 44	57:32	8:13
8	4	W40	Penny Madvig, 52*	57:53	8:16
59	42	M40	Scott Slater, 51	57:58	8:17
60	18	OpM	Brian Nalezny, 38	58:19	8:20
61	43	M40	Danny Hansen, 54	58:21	8:20
62	44	M40	Ed Rousseau, 69	58:28	8:21
63	45	M40	David Niemoeller, 50	58:39	8:23
64	19	OpM	David VanRipen, 32	59:08	8:27
9	5	W40	Colleen Roethke, 48*	59:13	8:28
65	46	M40	Lee Stauffacher, 68	59:18	8:28
66	47	M40	Kevin Novotny, 40	59:24	8:29
67	48	M40	David Brown, 55	59:35	8:31
10	5	OpW	Stephanie Byland, 36*	1:00:02	8:35
11	6	OpW	Danielle Gordanier, 38*	1:00:03	8:35
12	7	OpW	Kristine Becker, 34*	1:00:04	8:35
68	49	M40	Dean Lindgren, 40	1:00:18	8:37
13	6	W40	JoLynn Bucki, 43*	1:00:29	8:38
14	8	OpW	Eva-Marie Kremer, 39*	1:00:30	8:39
69	50	M40	Rick Recker, 64	1:00:35	8:39
70	51	M40	Todd Kalina, 44	1:00:37	8:40
71	52	M40	Pat Ryan, 61	1:00:43	8:40
72	20	OpM	Ross Hyde, 35	1:00:46	8:41
73	53	M40	Andrew Pritchard, 46	1:00:46	8:41
74	54	M40	Jim Meredig, 53	1:00:50	8:41
75	55	M40	Eric Forseth, 45	1:00:52	8:42
76	56	M40	Phillip McCullough, 61	1:01:24	8:46
15	9	OpW	Shelly Chamberlain, 37*	1:01:43	8:49

77	21	OpM	Kip Reuman, 32	1:01:54	8:51
16	10	OpW	Audrey Peach, 28*	1:01:55	8:51
17	7	W40	Kelly Gaspard, 41*	1:01:59	8:51
18	11	OpW	Christie St. Clair, 35*	1:02:05	8:52
19	8	W40	Julie Lindgren, 40*	1:02:22	8:55

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78	57	M40	Ted Braggans, 66	1:03:08	9:01
79	58	M40	Neil Millam, 44	1:03:14	9:02
20	9	W40	Marien Bradsher, 63*	1:03:39	9:06
21	12	OpW	Brandy Scherr, 32*	1:03:46	9:07
22	10	W40	Mary Luoma, 48*	1:03:54	9:08
80	59	M40	Harvey Johnson, 67	1:03:59	9:08
23	13	OpW	Meg O'Brien, 20*	1:04:26	9:12
24	11	W40	Rosemary Harnly, 62*	1:04:34	9:13
81	60	M40	Donald Freeman, 53	1:04:44	9:15
82	61	M40	Doug Mason, 58	1:04:49	9:16
83			?	1:05:07	9:18
25	14	OpW	Erin O'Brien, 25*	1:05:19	9:20
26	15	OpW	Amy Loomis, 28*	1:05:26	9:21
84	22	OpM	Justin Hagen, 28	1:05:27	9:21
27	12	W40	Kathryn Benhardus, 62*	1:05:32	9:22
28	16	OpW	Ellen Heine, 35*	1:05:49	9:24
85	62	M40	John Eiden, 45	1:05:56	9:25
86	63	M40	Daniel Sheridan, 48	1:06:40	9:31
29	13	W40	Linda McGerr, 47*	1:07:30	9:39
30	17	OpW	Christine Wood, 30*	1:08:50	9:50
87	64	M40	Matthew Iverson, 51	1:09:05	9:52
88	23	OpM	Brad Brooksbank, 35	1:09:12	9:53
31	14	W40	Leesa Brown, 52*	1:09:26	9:55
89	24	OpM	Michael McGraw, 36	1:09:31	9:56
32	15	W40	Martha Hoffman, 51*	1:09:47	9:58
90	65	M40	Jim Meredig, 51	1:09:56	9:59
91	66	M40	Steve Paladie, 66	1:10	:10

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92	67	M40	Paul Mordorski, 56	1:10:35	10:05
33	16	W40	Angela McLean, 42*	1:10:41	10:06
34	18	OpW	Kellie Hand, 37*	1:10:49	10:07
93	68	M40	John Tarbuck, 61	1:10:49	10:07
94	69	M40	Lee Dittbenner, 59	1:10:50	10:07
35	17	W40	Kate Havelin, 48*	1:11:52	10:16
36	19	OpW	Julie Koepke, 26*	1:12:15	10:19
95	70	M40	Ray Eck, 51	1:12:41	10:23
96	71	M40	Roger Anttila, 58	1:13:23	10:29
37	18	W40	Kim Wolken, 58*	1:14:04	10:35
38	19	W40	Sandra Tremulis, 45*	1:15:27	10:47
39	20	OpW	Doreen Tirevold, 38*	1:15:28	10:47
40	21	OpW	Heidi Sipe, 36*	1:15:52	10:50
41	22	OpW	Cindy Roseland, 29*	1:15:53	10:50
42	20	W40	Kathy Pals, 49*	1:16:12	10:53
43	21	W40	Michelle Shefveland, 47*	1:16:52	10:59
44	23	OpW	Jennifer Salland, 37*	1:16:56	10:59

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45	22	W40	Carla Stewart, 44*	1:17:52	11:07
46	23	W40	Susan DeGolier, 54*	1:19:43	11:23

* indicates females

1 finishers among Males (no age given)
24 finishers among Men Under 40
71 finishers among Men 40 & Up
23 finishers among Women Under 40
23 finishers among Women 40 & Up
96 male finishers
46 female finishers
142 total finishers

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